



Course Outline

HMALS2105 EDUCATION OUTDOORS

Title:	EDUCATION OUTDOORS
Code:	HMALS2105
Formerly:	HM780
School / Division:	School of Health Sciences
Level:	Advanced
Pre-requisites:	Nil
Co-requisites:	Nil
Exclusions:	(HM780) (HM788 and OEEDU1101)
Progress Units:	15
ASCED Code:	70105

Objectives:

After successfully completing this course, students should be able to:

Knowledge:

- Understand how outdoor experiences can enhance learning foci of Victorian secondary school curriculum
- Describe the aims and rationale for base camping and outdoor activities
- Understand the theoretical perspectives of experiential learning and programming
- Begin to understand the difference between outdoor recreation and outdoor education
- Begin to understand the limitations of outdoor recreation knowledge, skills and values in the teaching of outdoor education
- Understand the procedure to use when planning an outdoor experience
- Recognise the importance of a Risk Management Plan, Emergency Response Plan, Trauma Management and Search and Rescue considerations in both the planning stages and during an outdoor experience
- Understand the importance of careful venue planning
- Understand the general principles of equipment choice and care
- Develop understanding of leadership, decision-making, and conflict resolution strategies
- Understand the importance of good nutrition and hygiene management during an outdoor experience
- Understand key principles of minimal impact camping
- Recognise the importance of developing outdoor experiences with a sustainability focus
- Evaluate the organisation, implementation and impact of an outdoor experience



Course Outline

HMALS2105 EDUCATION OUTDOORS

Skills:

- Demonstrate effective use of base camping skills in practical settings
- Develop and apply leadership and organisational skills
- Improve personal skills in an outdoor recreation setting
- Develop skills in programming and implementing a range of base camp games and activities
- Develop skills for staying comfortable in adverse conditions
- Develop an outdoor program with appropriate goals and objectives relevant to specific age groups and curriculum
- Apply other theoretical knowledge as required during an outdoor experience
- Develop an ability to conduct base camping programs causing minimal damage to the surroundings
- Be able to respond appropriately to emergency situations

Values:

- Develop an appreciation of the outdoor environment
- Appreciate the need for, and benefits of, cooperation in outdoor settings
- Recognise the value of critical adventure-based learning concepts and practices
- Appreciate the benefits that can be gained from base camping and outdoor activities
- Appreciate the risks associated with outdoor settings and activities
- Recognise the fragility of natural environments and human impact on these environments
- Recognise the detail required for the planning, organisation and execution of a base camp

Content:

Topics may include:

- Benefits and risks of outdoor education/recreation
- Curriculum links
- Outdoor education/recreation and the environment
- Leadership, decision making and conflict resolution
- Planning and organising a base camp and outdoor activities
- Risk management, safety guidelines & emergency response plan
- Personal preparation for participation in the outdoors
- Use and care of outdoor equipment
- Experiential learning theory
- Responsibilities of individual & group
- Navigation / map reading
- Environmental issues

Learning Tasks & Assessment:

Learning Task	Assessment	Weighting
Preparation for, and participation in, a basecamp	Leader Evaluation	S/U
Preparation and participation in an outdoor teaching experience (minimum 3 days)	Outdoor Experience Reflection and Evaluation	10 - 20%



Course Outline

HMALS2105 EDUCATION OUTDOORS

Outdoor teaching plan	Outdoor teaching plan	30 - 50%
Self directed study of class content including weekly readings	Exam	20 - 40%

Adopted Reference Style:

APA

Handbook Summary:

In this course students develop understanding of ways in which outdoor experiences can enhance learning foci of Victorian secondary school curriculum. Developing knowledge and skills to organise, implement and evaluate an educational outdoor experience is a primary focus of the course. Personal outdoor living skills and techniques in leadership, decision making, safety management and environmental appreciation are enhanced through theoretical components and practical outdoor experience.